


Farrell Area Schools K-12 Breakfast Menu October 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
	We are hiring for cafeteria positions 724-854-8015	1 ELEMENTARY (K-6) BREAKFAST MEAL KIT Strawberry Pop Tart HIGH SCHOOL (7-12) Mini Chocolate Donuts	2 ELEMENTARY (K-6) BREAKFAST MEAL KIT Lucky Charms HIGH SCHOOL (7-12) Dunkin Stick	3 ELEMENTARY (K-6) BREAKFAST MEAL KIT Fudge Pop Tart HIGH SCHOOL (7-12) Cookies & Cream Benefit Bar	4 ELEMENTARY (K-6) BREAKFAST MEAL KIT Cocoa Puff Bar HIGH SCHOOL (7-12) Cinnamon Roll
	Every student of Farrell Schools is entitled to breakfast and lunch at no cost!	7 ELEMENTARY (K-6) BREAKFAST MEAL KIT Fruit Loops HIGH SCHOOL (7-12) Chocolate Bread	8 ELEMENTARY (K-6) BREAKFAST MEAL KIT Strawberry Pop Tart HIGH SCHOOL (7-12) Cinnamon Roll	9 ELEMENTARY (K-6) BREAKFAST MEAL KIT Lucky Charms HIGH SCHOOL (7-12) Mini Powdered Donuts	10 ELEMENTARY (K-6) BREAKFAST MEAL KIT Fudge Pop Tart HIGH SCHOOL (7-12) Coffee Cake
Milk, juice, and fruit with each breakfast	14 NO SCHOOL Columbus Day	15 ELEMENTARY (K-6) BREAKFAST MEAL KIT Strawberry Pop Tart HIGH SCHOOL (7-12) Mini Chocolate Donuts	16 ELEMENTARY (K-6) BREAKFAST MEAL KIT Lucky Charms HIGH SCHOOL (7-12) Cinnamon Roll	17 ELEMENTARY (K-6) BREAKFAST MEAL KIT Fudge Pop Tart HIGH SCHOOL (7-12) Goody Ring	18 ELEMENTARY (K-6) BREAKFAST MEAL KIT Cocoa Puff Bar HIGH SCHOOL (7-12) Super Donuts
Milk offered daily: fat free chocolate, 1% white All bread is whole grain	21 ELEMENTARY (K-6) BREAKFAST MEAL KIT Fruit Loops HIGH SCHOOL (7-12) Super Bun	22 ELEMENTARY (K-6) BREAKFAST MEAL KIT Strawberry Pop Tart HIGH SCHOOL (7-12) Mini Powdered Donuts	23 ELEMENTARY (K-6) BREAKFAST MEAL KIT Lucky Charms HIGH SCHOOL (7-12) Dunkin Stick	24 ELEMENTARY (K-6) BREAKFAST MEAL KIT Fudge Pop Tart HIGH SCHOOL (7-12) Glazed Oatmeal Breakfast Bun	25 ELEMENTARY (K-6) BREAKFAST MEAL KIT Cocoa Puff Bar HIGH SCHOOL (7-12) Lemon Bread
We are hiring for cafeteria positions 724-854-8015 Menu subject to change	28 ELEMENTARY (K-6) BREAKFAST MEAL KIT Fruit Loops HIGH SCHOOL (7-12) Goody Ring	29 ELEMENTARY (K-6) BREAKFAST MEAL KIT Strawberry Pop Tart HIGH SCHOOL (7-12) Mini Chocolate Donuts	30 ELEMENTARY (K-6) BREAKFAST MEAL KIT Lucky Charms HIGH SCHOOL (7-12) Cookies & Cream Benefit Bar	31 ELEMENTARY (K-6) BREAKFAST MEAL KIT Fudge Pop Tart HIGH SCHOOL (7-12) Dunkin Stick	November 1 ELEMENTARY (K-6) BREAKFAST MEAL KIT Cocoa Puff Bar HIGH SCHOOL (7-12) Cinnamon Roll

The National School Lunch Program states that no student will be discriminated against on the basis of race, color, national origin, sex, age, or disability

Farrell Area Schools K-12 Lunch Menu October 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
	We are hiring for cafeteria positions 724-854-8015	1 NACHOS GRANDE on Whole Grain Tortilla Chips Corn or Black Beans Celery Sticks Assorted Cupped and Fresh Fruit Choice of Low Fat Milk	2 CHICKEN NUGGETS Whole Grain Dinner Roll Mashed Potatoes Red Peppers Assorted Fresh Fruit Choice of Low Fat Milk	3 ROTINI with MEATBALLS Garden Romaine Salad Whole Grain Breadstick(9-12) Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	4 MEXICAN PIZZA French Fries Fresh Carrots Assorted Fresh Fruit Choice of Low Fat Milk
	7 TOASTED CHEESE SANDWICH Tomato Soup Carrot Sticks Assorted Fresh Fruit Choice of Low Fat Milk	8 CHEESEBURGERS on Whole Grain Bun French Fries Fresh Cauliflower Assorted Fresh Fruit Choice of Low Fat Milk	9 WALKING TACOS with Whole Grain Tortilla Chips Black Beans / Corn Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	10 BAKED CHICKEN Whole Grain Dinner Roll Mashed Potatoes Red Peppers Assorted Fresh Fruit Choice of Low Fat Milk	11 NO SCHOOL Teacher In-service
Every student of Farrell Schools is entitled to breakfast and lunch at no cost! Don't forget to take at least one fruit or veggie with each meal Grades 9-12 may take two fruits	14 NO SCHOOL Columbus Day	15 CHICKEN SANDWICH on Whole Grain Bun French Fries Fresh Broccoli Assorted Fresh Fruit Choice of Low Fat Milk	16 CHEESEBURGERS Black Beans / Corn Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk Choice of Low Fat Milk	17 FISH SANDWICH Garden Romaine Salad Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	18 DEEP DISH PIZZA Tater Tots Fresh Cukes Assorted Fresh Fruit Choice of Low Fat Milk
Weekly vegetable sub groups may include: dark green, red/orange, legumes, starchy, and other Daily fruit choices may include: apples, oranges, bananas, applesauce, strawberries, peach cups, and apple slices	21 CORN DOGS French Fries Fresh Broccoli Assorted Fresh Fruit Choice of Low Fat Milk	22 NACHOS GRANDE on Whole Grain Tortilla Chips Corn or Black Beans Celery Sticks Assorted Cupped and Fresh Fruit Choice of Low Fat Milk	23 CHICKEN TENDERS Whole Grain Dinner Roll Mashed Potatoes Baby Tomatoes Assorted Fresh Fruit Choice of Low Fat Milk	24 RAVIOLI Garden Romaine Salad Whole Grain Breadstick(9-12) Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	25 STUFFED CRUST PIZZA Tater Tots Fresh Carrots Assorted Fresh Fruit Choice of Low Fat Milk
Milk offered daily: fat free chocolate, 1% white All bread is whole grain Grab & Go Salads offered daily as a meal	28 BBQ RIB SANDWICH French Fries Fresh Broccoli Assorted Fresh Fruit Choice of Low Fat Milk	29 WALKING TACOS with Whole Grain Tortilla Chips Black Beans / Corn Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	30 ASIAN CHICKEN on Bed of Brown Rice Steamed Broccoli Fresh Cauliflower Assorted Fresh Fruit Choice of Low Fat Milk	31 CHICKEN NUGGETS Whole Grain Dinner Roll Garden Romaine Salad Red Peppers Assorted Fresh Fruit Choice of Low Fat Milk	November 1 BAKED CHICKEN Whole Grain Dinner Roll Mashed Potatoes Fresh Broccoli Assorted Fresh Fruit Choice of Low Fat Milk
Cheez-its Grades 7-12 on 10/4 10/7 10/21 10/31 11/1					

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