


Farrell Area Schools Head Start Breakfast Menu


October 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
	<p>We are hiring for cafeteria positions</p> <p>724-854-8015</p>	<p>1</p> <p>WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk</p>	<p>2</p> <p>WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk</p>	<p>3</p> <p>WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk</p>	<p>4</p> <p>WG BLUEBERRY MUFFIN TOP 6/g sugar per ounce 4oz Orange Juice 1% White Milk</p>
	<p>7</p> <p>WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk</p>	<p>8</p> <p>WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk</p>	<p>9</p> <p>WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk</p>	<p>10</p> <p>WG BLUEBERRY MUFFIN TOP 6/g sugar per ounce 4oz Orange Juice 1% White Milk</p>	<p>11</p> <p>NO SCHOOL Teacher In-service</p>
	<p>14</p> <p>NO SCHOOL Columbus Day</p>	<p>15</p> <p>WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk</p>	<p>16</p> <p>WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk</p>	<p>17</p> <p>WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk</p>	<p>18</p> <p>WG BLUEBERRY MUFFIN TOP 6/g sugar per ounce 4oz Orange Juice 1% White Milk</p>
<p>All milk is 1% low fat All bread is whole grain</p>	<p>21</p> <p>WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk</p>	<p>22</p> <p>WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk</p>	<p>23</p> <p>WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk</p>	<p>24</p> <p>WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk</p>	<p>25</p> <p>WG BLUEBERRY MUFFIN TOP 6/g sugar per ounce 4oz Orange Juice 1% White Milk</p>
<p>Menu subject to change</p>	<p>28</p> <p>WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk</p>	<p>29</p> <p>WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk</p>	<p>30</p> <p>WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk</p>	<p>31</p> <p>WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk</p>	<p>November 1</p> <p>WG BLUEBERRY MUFFIN TOP 6/g sugar per ounce 4oz Orange Juice 1% White Milk</p>

The National School Lunch Program states that no student will be discriminated against on the basis of race, color, national origin, sex, age, or disability

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	Monday	Tuesday	Wednesday	Thursday	Friday
	We are hiring for cafeteria positions 724-854-8015	1 NACHOS GRANDE on Whole Grain Tortilla Chips Corn 1/2 cup fresh or cupped fruit Low fat milk	2 CHICKEN NUGGETS Whole Grain Dinner Roll Mashed Potatoes 1/2 cup fresh or cupped fruit Low fat milk	3 ROTINI with MEATBALLS Garden Romaine Salad 1/2 cup fresh or cupped fruit Low fat milk	4 MEXICAN PIZZA French Fries 1/2 cup fresh or cupped fruit Low fat milk
	7 TOASTED CHEESE SANDWICH Tomato Soup 1/2 cup fresh or cupped fruit Low fat milk	8 CHEESEBURGERS on Whole Grain Bun French Fries 1/2 cup fresh or cupped fruit Low fat milk	9 WALKING TACOS with Whole Grain Tortilla Chips Black Beans / Corn 1/2 cup fresh or cupped fruit Low fat milk	10 BAKED CHICKEN Whole Grain Dinner Roll Mashed Potatoes 1/2 cup fresh or cupped fruit Low fat milk	11 NO SCHOOL Teacher In-service
	14 NO SCHOOL Columbus Day	15 CHICKEN SANDWICH on Whole Grain Bun French Fries 1/2 cup fresh or cupped fruit Low fat milk	16 CHEESEBURGERS Black Beans / Corn 1/2 cup fresh or cupped fruit Low fat milk	17 TBA Garden Romaine Salad 1/2 cup fresh or cupped fruit Low fat milk	18 DEEP DISH PIZZA Tater Tots 1/2 cup fresh or cupped fruit Low fat milk
All milk is 1% low fat All bread is whole grain	21 CORN DOGS French Fries 1/2 cup fresh or cupped fruit Low fat milk	22 NACHOS GRANDE on Whole Grain Tortilla Chips Corn or Black Beans 1/2 cup fresh or cupped fruit Low fat milk	23 CHICKEN TENDERS Whole Grain Dinner Roll Mashed Potatoes 1/2 cup fresh or cupped fruit Low fat milk	24 RAVIOLI Garden Romaine Salad 1/2 cup fresh or cupped fruit Low fat milk	25 STUFFED CRUST PIZZA Tater Tots 1/2 cup fresh or cupped fruit Low fat milk
Menu subject to change	28 BBQ RIB SANDWICH French Fries 1/2 cup fresh or cupped fruit Low fat milk	29 WALKING TACOS with Whole Grain Tortilla Chips Black Beans / Corn 1/2 cup fresh or cupped fruit Low fat milk	30 ASIAN CHICKEN on Bed of Brown Rice Steamed Broccoli 1/2 cup fresh or cupped fruit Low fat milk	31 CHICKEN NUGGETS Whole Grain Dinner Roll Garden Romaine Salad 1/2 cup fresh or cupped fruit Low fat milk	November 1 BAKED CHICKEN Whole Grain Dinner Roll Mashed Potatoes 1/2 cup fresh or cupped fruit Low fat milk

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