

## Crossroads Breakfast Menu October 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>We are hiring for cafeteria positions</b>  <b>724-854-8015</b>	<b>1</b> <b>BREAKFAST MEAL KIT</b> Strawberry Pop Tart Mini Animal Crackers 100% Fruit Juice Choice of Milk	<b>2</b> <b>BREAKFAST MEAL KIT</b> Lucky Charms 100% Fruit Juice Strawberry Crackers Choice of Milk	<b>3</b> <b>BREAKFAST MEAL KIT</b> Fudge Pop Tart Mini Animal Crackers 100% Fruit Juice Choice of Milk	<b>4</b> <b>BREAKFAST MEAL KIT</b> Cocoa Puff Bar Cheez Itz 100% Fruit Juice Box Choice of Milk
<b>Every student of Farrell Schools is entitled to breakfast and lunch at no cost!</b>	<b>7</b> <b>BREAKFAST MEAL KIT</b> Cinnamon Pop Tart Animal Graham Crackers 100% Juice Box Choice of Milk	<b>8</b> <b>BREAKFAST MEAL KIT</b> Strawberry Pop Tart Mini Animal Crackers 100% Fruit Juice Choice of Milk	<b>9</b> <b>BREAKFAST MEAL KIT</b> Lucky Charms 100% Fruit Juice Strawberry Crackers Choice of Milk	<b>10</b> <b>BREAKFAST MEAL KIT</b> Fudge Pop Tart Mini Animal Crackers 100% Fruit Juice Choice of Milk	<b>11</b> <b>NO SCHOOL</b> Teacher in-service
Milk, juice, and fruit with each breakfast	<b>14</b> <b>NO SCHOOL</b> Columbus Day	<b>15</b> <b>BREAKFAST MEAL KIT</b> Strawberry Pop Tart Mini Animal Crackers 100% Fruit Juice Choice of Milk	<b>16</b> <b>BREAKFAST MEAL KIT</b> Lucky Charms 100% Fruit Juice Strawberry Crackers Choice of Milk	<b>17</b> <b>BREAKFAST MEAL KIT</b> Fudge Pop Tart Mini Animal Crackers 100% Fruit Juice Choice of Milk	<b>18</b> <b>BREAKFAST MEAL KIT</b> Cocoa Puff Bar Cheez Itz 100% Fruit Juice Box Choice of Milk
Milk offered daily: fat free chocolate, 1% white  All bread is whole grain	<b>21</b> <b>BREAKFAST MEAL KIT</b> Cinnamon Pop Tart Animal Graham Crackers 100% Juice Box Choice of Milk	<b>22</b> <b>BREAKFAST MEAL KIT</b> Strawberry Pop Tart Mini Animal Crackers 100% Fruit Juice Choice of Milk	<b>23</b> <b>BREAKFAST MEAL KIT</b> Lucky Charms 100% Fruit Juice Strawberry Crackers Choice of Milk	<b>24</b> <b>BREAKFAST MEAL KIT</b> Fudge Pop Tart Mini Animal Crackers 100% Fruit Juice Choice of Milk	<b>25</b> <b>BREAKFAST MEAL KIT</b> Cocoa Puff Bar Cheez Itz 100% Fruit Juice Box Choice of Milk
Menu subject to change	<b>28</b> <b>BREAKFAST MEAL KIT</b> Cinnamon Pop Tart Animal Graham Crackers 100% Juice Box Choice of Milk	<b>29</b> <b>BREAKFAST MEAL KIT</b> Strawberry Pop Tart Mini Animal Crackers 100% Fruit Juice Choice of Milk	<b>30</b> <b>BREAKFAST MEAL KIT</b> Lucky Charms 100% Fruit Juice Strawberry Crackers Choice of Milk	<b>31</b> <b>BREAKFAST MEAL KIT</b> Fudge Pop Tart Mini Animal Crackers 100% Fruit Juice Choice of Milk	<b>November 1</b> <b>BREAKFAST MEAL KIT</b> Cocoa Puff Bar Cheez Itz 100% Fruit Juice Box Choice of Milk

The National School Lunch Program states that no student will be discriminated against on the basis of race, color, national origin, sex, age, or disability

**Crossroads Lunch Menu**  
October 2024

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	<b>We are hiring for cafeteria positions 724-854-8015</b>	<b>1</b> <b>NACHOS GRANDE</b> on Whole Grain Tortilla Chips Corn Celery Sticks Assorted Cupped and Fresh Fruit Choice of Low Fat Milk	<b>2</b> <b>CHICKEN NUGGETS</b> Whole Grain Dinner Roll Mashed Potatoes Red Peppers Assorted Fresh Fruit Choice of Low Fat Milk	<b>3</b> <b>ROTINI with MEATBALLS</b> Garden Romaine Salad Whole Grain Breadstick(9-12) Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	<b>4</b> <b>MEXICAN PIZZA</b> French Fries Fresh Carrots Assorted Fresh Fruit Choice of Low Fat Milk
<b>Every student of Farrell Schools is entitled to breakfast and lunch at no cost!</b>  Don't forget to take at least one fruit or veggie with each meal Grades 9-12 may take two fruits	<b>7</b> <b>TOASTED CHEESE SANDWICH</b> Tomato Soup Carrot Sticks Assorted Fresh Fruit Choice of Low Fat Milk	<b>8</b> <b>CHEESEBURGERS</b> on Whole Grain Bun French Fries Fresh Cauliflower Assorted Fresh Fruit Choice of Low Fat Milk	<b>9</b> <b>WALKING TACOS</b> with Whole Grain Tortilla Chips Black Beans / Corn Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	<b>10</b> <b>BAKED CHICKEN</b> Whole Grain Dinner Roll Mashed Potatoes Red Peppers Assorted Fresh Fruit Choice of Low Fat Milk	<b>11</b> <b>NO SCHOOL</b> Teacher in-service
Weekly vegetable sub groups may include: dark green, red/orange, legumes, starchy, and other  Daily fruit choices may include: apples, oranges, bananas, applesauce, strawberries, peach cups, and apple slices	<b>14</b> <b>NO SCHOOL</b> Columbus Day	<b>15</b> <b>CHICKEN SANDWICH</b> on Whole Grain Bun French Fries Fresh Broccoli Assorted Fresh Fruit Choice of Low Fat Milk	<b>16</b> <b>CHEESEBURGERS</b> Black Beans / Corn Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk Choice of Low Fat Milk	<b>17</b> <b>FISH SANDWICH</b> Garden Romaine Salad Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	<b>18</b> <b>DEEP DISH PIZZA</b> Tater Tots Fresh Cukes Assorted Fresh Fruit Choice of Low Fat Milk
Milk offered daily: fat free chocolate, 1% white  All bread is whole grain  Grab & Go Salads offered daily as a meal	<b>21</b> <b>CORN DOGS</b> French Fries Fresh Broccoli Assorted Fresh Fruit Choice of Low Fat Milk	<b>22</b> <b>NACHOS GRANDE</b> on Whole Grain Tortilla Chips Corn or Black Beans Celery Sticks Assorted Cupped and Fresh Fruit Choice of Low Fat Milk	<b>23</b> <b>CHICKEN TENDERS</b> Whole Grain Dinner Roll Mashed Potatoes Baby Tomatoes Assorted Fresh Fruit Choice of Low Fat Milk	<b>24</b> <b>RAVIOLI</b> Garden Romaine Salad Whole Grain Breadstick(9-12) Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	<b>25</b> <b>STUFFED CRUST PIZZA</b> Tater Tots Fresh Carrots Assorted Fresh Fruit Choice of Low Fat Milk
<b>Cheez-its Grades 7-12 on</b> 10/3 10/11,10/12,10/13,10/14,10/15 10/17 10/24 11/2,3,4  Menu subject to change	<b>28</b> <b>BBQ RIB SANDWICH</b> French Fries Fresh Broccoli Assorted Fresh Fruit Choice of Low Fat Milk	<b>January 28</b> <b>WALKING TACOS</b> with Whole Grain Tortilla Chips Black Beans / Corn Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	<b>January 29</b> <b>ASIAN CHICKEN</b> on Bed of Brown Rice Steamed Broccoli Fresh Cauliflower Assorted Fresh Fruit Choice of Low Fat Milk	<b>January 30</b> <b>CHICKEN NUGGETS</b> Whole Grain Dinner Roll Garden Romaine Salad Red Peppers Assorted Fresh Fruit Choice of Low Fat Milk	<b>November 1</b> <b>BAKED CHICKEN</b> Whole Grain Dinner Roll Mashed Potatoes Fresh Broccoli Assorted Fresh Fruit Choice of Low Fat Milk

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