



## Farrell Area Schools K-12 Breakfast Menu May 2023

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	<b>1</b> <b>ELEMENTARY (K-6)</b> BREAKFAST MEAL KIT Coco Puffs Kit  <b>HIGH SCHOOL (7-12)</b> Apple Flips	<b>2</b> <b>ELEMENTARY (K-6)</b> BREAKFAST MEAL KIT Cheerio Bar Kit  <b>HIGH SCHOOL (7-12)</b> Cinnamon Roll	<b>3</b> <b>ELEMENTARY (K-6)</b> BREAKFAST MEAL KIT Lucky Charms Kit  <b>HIGH SCHOOL (7-12)</b> Goody Ring	<b>4</b> <b>ELEMENTARY (K-6)</b> BREAKFAST MEAL KIT Fudge Pop Tart Kit  <b>HIGH SCHOOL (7-12)</b> Dunkin Sticks	<b>5</b> <b>ELEMENTARY (K-6)</b> BREAKFAST MEAL KIT Coco Puff Bar Kit  <b>HIGH SCHOOL (7-12)</b> Super Donut
	<b>8</b> <b>ELEMENTARY (K-6)</b> BREAKFAST MEAL KIT Coco Puffs Kit  <b>HIGH SCHOOL (7-12)</b> Dunkin Stick	<b>9</b> <b>ELEMENTARY (K-6)</b> BREAKFAST MEAL KIT Cheerio Bar Kit  <b>HIGH SCHOOL (7-12)</b> Goody Ring	<b>10</b> <b>ELEMENTARY (K-6)</b> BREAKFAST MEAL KIT Lucky Charms Kit  <b>HIGH SCHOOL (7-12)</b> Oatmeal Cinnamon Cookie	<b>11</b> <b>ELEMENTARY (K-6)</b> BREAKFAST MEAL KIT Fudge Pop Tart Kit  <b>HIGH SCHOOL (7-12)</b> Coffee Cake	<b>12</b> <b>ELEMENTARY (K-6)</b> BREAKFAST MEAL KIT Coco Puff Bar Kit  <b>HIGH SCHOOL (7-12)</b> Apple Flips
Every student of Farrell Schools is entitled to breakfast and lunch at no cost!	<b>15</b> <b>ELEMENTARY (K-6)</b> BREAKFAST MEAL KIT Coco Puffs Kit  <b>HIGH SCHOOL (7-12)</b> Goody Ring	<b>16</b> <b>ELEMENTARY (K-6)</b> BREAKFAST MEAL KIT Cheerio Bar Kit  <b>HIGH SCHOOL (7-12)</b> Cinnamon Roll	<b>17</b> <b>ELEMENTARY (K-6)</b> BREAKFAST MEAL KIT Lucky Charms Kit  <b>HIGH SCHOOL (7-12)</b> Super Bun	<b>18</b> <b>ELEMENTARY (K-6)</b> BREAKFAST MEAL KIT Fudge Pop Tart Kit  <b>HIGH SCHOOL (7-12)</b> Oatmeal Chocolate Benefit Bar	<b>19</b> <b>ELEMENTARY (K-6)</b> BREAKFAST MEAL KIT Coco Puff Bar Kit  <b>HIGH SCHOOL (7-12)</b> Super Donut
	Milk offered daily: fat free chocolate, 1% white  All bread is whole grain	<b>22</b> <b>ELEMENTARY (K-6)</b> BREAKFAST MEAL KIT Coco Puffs Kit  <b>HIGH SCHOOL (7-12)</b> Dunkin Sticks	<b>23</b> <b>ELEMENTARY (K-6)</b> BREAKFAST MEAL KIT Cheerio Bar Kit  <b>HIGH SCHOOL (7-12)</b> Goody Ring	<b>24</b> <b>ELEMENTARY (K-6)</b> BREAKFAST MEAL KIT Lucky Charms Kit  <b>HIGH SCHOOL (7-12)</b> Oatmeal Cinnamon Cookie	<b>25</b> <b>ELEMENTARY (K-6)</b> BREAKFAST MEAL KIT Fudge Pop Tart Kit  <b>HIGH SCHOOL (7-12)</b> Super Bun
Menu subject to change	<b>29</b> <b>NO SCHOOL</b> Memorial Day 	<b>SUMMER LUNCH PROGRAM</b> STARTS JUNE 5TH 11:30 to 12:30	We are hiring for cafeteria positions 724.854.8015 if interested		

The National School Lunch Program states that no student will be discriminated against on the basis of race, color, national origin, sex, age, or disability

## Farrell Area Schools K-12 Lunch Menu May 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> <b>CORN DOGS</b> French Fries Fresh Broccoli Assorted Fresh Fruit Choice of Low Fat Milk	<b>2</b> <b>NACHOS GRANDE</b> on Whole Grain Tortilla Chips Corn or Black Beans Celery Sticks Assorted Cupped and Fresh Fruit Choice of Low Fat Milk	<b>3</b> <b>CHICKEN TENDERS</b> Whole Grain Dinner Roll Mashed Potatoes Baby Tomatoes Assorted Fresh Fruit Choice of Low Fat Milk	<b>4</b> <b>PENNE PASTA with MEAT SAUCE</b> Garden Romaine Salad Whole Grain Breadstick(9-12) Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	<b>5</b> <b>BAKED CHICKEN</b> Whole Grain Dinner Roll Mashed Potatoes Baby Tomatoes Assorted Fresh Fruit Choice of Low Fat Milk
	<p><b>Every student of Farrell Schools is entitled to breakfast and lunch at no cost!</b></p> <p>Don't forget to take at least one fruit or veggie with each meal</p> <p>Grades 9-12 may take two fruits</p>	<b>8</b> <b>BBQ RIB SANDWICH</b> on Whole Grain Bun French Fries Baby Tomatoes Assorted Fresh Fruit Choice of Low Fat Milk	<b>9</b> <b>WALKING TACOS</b> with Whole Grain Tortilla Chips Black Beans / Corn Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	<b>10</b> <b>ASIAN CHICKEN</b> on Bed of Brown Rice Steamed Broccoli Fresh Cauliflower Assorted Fresh Fruit Choice of Low Fat Milk	<b>11</b> <b>MACARONI with MEAT SAUCE</b> Garden Romaine Salad Whole Grain Dinner Roll(9-12) Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk
<p>Weekly vegetable sub groups may include: dark green, red/orange, legumes, starchy, and other</p> <p>Daily fruit choices may include: apples, oranges, bananas, applesauce, strawberries, peach cups, and apple slices</p>	<b>15</b> <b>SLOPPY JOES</b> on Whole Grain Bun French Fries Fresh Cauliflower Assorted Fresh Fruit Choice of Low Fat Milk	<b>16</b> <b>HOT HAM &amp; CHEESE SANDWICH</b> on Whole Grain Bun Steamed Broccoli Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	<b>17</b> <b>CHICKEN SANDWICH</b> on Whole Grain Bun Baked Beans Fresh Broccoli Assorted Fresh Fruit Choice of Low Fat Milk	<b>18</b> <b>ROTINI with MEAT SAUCE</b> Garden Romaine Salad Whole Grain Breadstick(9-12) Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	<b>19</b> <b>PIZZA</b> French Fries Fresh Carrots Assorted Fresh Fruit Choice of Low Fat Milk
<p>Milk offered daily: fat free chocolate, 1% white,</p> <p>All bread is whole grain</p> <p>Grab &amp; Go Salads offered daily as a meal</p>	<b>22</b> <b>MEATBALL HOAGIE</b> on Whole Grain Bun French Fries Carrot Sticks Assorted Cupped and Fresh Fruit Choice of Low Fat Milk	<b>23</b> <b>NACHOS GRANDE</b> on Whole Grain Tortilla Chips Corn or Black Beans Celery Sticks Assorted Cupped and Fresh Fruit Choice of Low Fat Milk	<b>24</b> <b>CHICKEN SANDWICH</b> on Whole Grain Bun French Fries Fresh Broccoli Assorted Fresh Fruit Choice of Low Fat Milk	<b>25</b> <b>BREAKFAST FOR LUNCH</b> French Toast Sausage Hash Brown Assorted Fresh Fruit Choice of Low Fat Milk	<b>26</b> <b>COOK'S CHOICE</b>
<p><b>Cheez-its Grades 7-12 on</b>            5/5,6,7            5/10,11,12,14            5/17,5/21            5/24,5/25</p> <p>Menu subject to change</p>	<b>29</b> <b>NO SCHOOL</b> Memorial Day 	<b>SUMMER LUNCH PROGRAM</b> <b>STARTS JUNE 5TH</b> <b>11:30 TO 12:30</b>	<b>We are hiring for cafeteria positions</b> <b>724.854.8015</b> <b>if interested</b>		

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