

## Crossroads Breakfast Menu May 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> <b>Breakfast Meal Kit</b> <b>Coco Puffs</b> WG Cheez-its snack 100% Fruit punch Juice Apple Slices Choice of Milk	<b>2</b> <b>Breakfast Meal Kit</b> <b>Team Cheerios Cereal Bar</b> Mini Cinn Crackers 100% Orange Juice Apple Slices Choice of Milk	<b>3</b> <b>Breakfast Meal Kit</b> <b>Lucky Charms</b> Strawberry mini bites 4oz fruit juice Apple Slices Choice of Milk	<b>4</b> <b>Breakfast Meal Kit</b> <b>Fudge Pop Tart</b> Cinn Grahams 100% apple juice Apple Slices Choice of Milk	<b>5</b> <b>Breakfast Meal Kit</b> <b>Coco Puff Cereal Bar</b> WG Cheez-its snack 100% Fruit punch Juice Apple Slices Choice of Milk
	<b>8</b> <b>Breakfast Meal Kit</b> <b>Coco Puffs</b> WG Cheez-its snack 100% Fruit punch Juice Apple Slices Choice of Milk	<b>9</b> <b>Breakfast Meal Kit</b> <b>Team Cheerios Cereal Bar</b> Mini Cinn Crackers 100% Orange Juice Apple Slices Choice of Milk	<b>10</b> <b>Breakfast Meal Kit</b> <b>Lucky Charms</b> Strawberry mini bites 4oz fruit juice Apple Slices Choice of Milk	<b>11</b> <b>Breakfast Meal Kit</b> <b>Fudge Pop Tart</b> Cinn Grahams 100% apple juice Apple Slices Choice of Milk	<b>12</b> <b>Breakfast Meal Kit</b> <b>Coco Puff Cereal Bar</b> WG Cheez-its snack 100% Fruit punch Juice Apple Slices Choice of Milk
	<b>15</b> <b>Breakfast Meal Kit</b> <b>Coco Puffs</b> WG Cheez-its snack 100% Fruit punch Juice Apple Slices Choice of Milk	<b>16</b> <b>Breakfast Meal Kit</b> <b>Team Cheerios Cereal Bar</b> Mini Cinn Crackers 100% Orange Juice Apple Slices Choice of Milk	<b>17</b> <b>Breakfast Meal Kit</b> <b>Lucky Charms</b> Strawberry mini bites 4oz fruit juice Apple Slices Choice of Milk	<b>18</b> <b>Breakfast Meal Kit</b> <b>Fudge Pop Tart</b> Cinn Grahams 100% apple juice Apple Slices Choice of Milk	<b>19</b> <b>Breakfast Meal Kit</b> <b>Coco Puff Cereal Bar</b> WG Cheez-its snack 100% Fruit punch Juice Apple Slices Choice of Milk
All bread is whole grain	<b>22</b> <b>Breakfast Meal Kit</b> <b>Coco Puffs</b> WG Cheez-its snack 100% Fruit punch Juice Apple Slices Choice of Milk	<b>23</b> <b>Breakfast Meal Kit</b> <b>Team Cheerios Cereal Bar</b> Mini Cinn Crackers 100% Orange Juice Apple Slices Choice of Milk	<b>24</b> <b>Breakfast Meal Kit</b> <b>Lucky Charms</b> Strawberry mini bites 4oz fruit juice Apple Slices Choice of Milk	<b>25</b> <b>Breakfast Meal Kit</b> <b>Fudge Pop Tart</b> Cinn Grahams 100% apple juice Apple Slices Choice of Milk	<b>26</b> <b>Breakfast Meal Kit</b> <b>Coco Puff Cereal Bar</b> WG Cheez-its snack 100% Fruit punch Juice Apple Slices Choice of Milk
Menu subject to change	<b>29</b> <b>NO SCHOOL</b> Memorial Day 	<b>SUMMER LUNCH PROGRAM</b> <b>STARTS JUNE 5TH</b> <b>11:30 TO 12:30</b>			

The National School Lunch Program states that no student will be discriminated against on the basis of race, color, national origin, sex, age, or disability

## Crossroads Lunch Menu May 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> <b>CORN DOGS</b> French Fries Fresh Broccoli Assorted Fresh Fruit Choice of Low Fat Milk	<b>2</b> <b>NACHOS GRANDE</b> on Whole Grain Tortilla Chips Corn or Black Beans Celery Sticks Assorted Cupped and Fresh Fruit Choice of Low Fat Milk	<b>3</b> <b>CHICKEN TENDERS</b> Whole Grain Dinner Roll Mashed Potatoes Baby Tomatoes Assorted Fresh Fruit Choice of Low Fat Milk	<b>4</b> <b>PENNE PASTA with MEAT SAUCE</b> Garden Romaine Salad Whole Grain Breadstick(9-12) Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	<b>5</b> <b>BAKED CHICKEN</b> Whole Grain Dinner Roll Mashed Potatoes Baby Tomatoes Assorted Fresh Fruit Choice of Low Fat Milk
<p><b>Every student of Farrell Schools is entitled to breakfast and lunch at no cost!</b></p> <p>Don't forget to take at least one fruit or veggie with each meal Grades 9-12 may take two fruits</p>	<b>8</b> <b>BBQ RIB SANDWICH</b> on Whole Grain Bun French Fries Baby Tomatoes Assorted Fresh Fruit Choice of Low Fat Milk	<b>9</b> <b>WALKING TACOS</b> with Whole Grain Tortilla Chips Black Beans / Corn Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	<b>10</b> <b>ASIAN CHICKEN</b> on Bed of Brown Rice Steamed Broccoli Fresh Cauliflower Assorted Fresh Fruit Choice of Low Fat Milk	<b>11</b> <b>MACARONI with MEAT SAUCE</b> Garden Romaine Salad Whole Grain Dinner Roll(9-12) Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	<b>12</b> <b>MEATLOAF</b> Whole Grain Dinner Roll Mashed Potatoes Red Peppers Assorted Fresh Fruit Choice of Low Fat Milk
<p>Weekly vegetable sub groups may include: dark green, red/orange, legumes, starchy, and other</p> <p>Daily fruit choices may include: apples, oranges, bananas, applesauce, strawberries, peach cups, and apple slices</p>	<b>15</b> <b>SLOPPY JOES</b> on Whole Grain Bun French Fries Fresh Cauliflower Assorted Fresh Fruit Choice of Low Fat Milk	<b>16</b> <b>HOT HAM &amp; CHEESE SANDWICH</b> on Whole Grain Bun Steamed Broccoli Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	<b>17</b> <b>CHICKEN SANDWICH</b> on Whole Grain Bun Baked Beans Fresh Broccoli Assorted Fresh Fruit Choice of Low Fat Milk	<b>18</b> <b>ROTINI with MEAT SAUCE</b> Garden Romaine Salad Whole Grain Breadstick(9-12) Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	<b>19</b> <b>PIZZA</b> French Fries Fresh Carrots Assorted Fresh Fruit Choice of Low Fat Milk
<p>Milk offered daily: fat free chocolate, 1% white,</p> <p>All bread is whole grain</p> <p>Grab &amp; Go Salads offered daily as a meal</p>	<b>22</b> <b>MEATBALL HOAGIE</b> on Whole Grain Bun French Fries Carrot Sticks Assorted Cupped and Fresh Fruit Choice of Low Fat Milk	<b>23</b> <b>NACHOS GRANDE</b> on Whole Grain Tortilla Chips Corn or Black Beans Celery Sticks Assorted Cupped and Fresh Fruit Choice of Low Fat Milk	<b>24</b> <b>CHICKEN SANDWICH</b> on Whole Grain Bun French Fries Fresh Broccoli Assorted Fresh Fruit Choice of Low Fat Milk	<b>25</b> <b>BREAKFAST FOR LUNCH</b> French Toast Sausage Hash Brown Assorted Fresh Fruit Choice of Low Fat Milk	<b>26</b> <b>COOK'S CHOICE</b>
<p><b>Cheez-its Grades 7-12 on</b>                      5/5,6,7                      5/10,11,12,14                      5/17,5/21                      5/24,5/25</p> <p>Menu subject to change</p>	<b>29</b> <b>NO SCHOOL</b> Memorial Day 	<b>SUMMER LUNCH PROGRAM</b> <b>STARTS JUNE 5TH</b> <b>11:30 TO 12:30</b>	<b>We are hiring for cafeteria positions</b> <b>724.854.8015</b> <b>if interested</b>		

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