

Farrell Area School District COVID-19 Quarantine Guidelines for Individuals Exposed to Covid-19

For an individual who has been exposed to COVID-19, REGARDLESS of vaccination status:

- It is no longer necessary to quarantine
- Wear a mask for 10 days while around others (count day 0 as the day exposure occurred)
- It is recommended that the individual get tested on day 6
- Monitor for signs and symptoms (refer to symptom chart below)
- If symptoms develop: isolate immediately, get tested and stay at home until the results are in

If the individual tests positive, refer to the guidelines for individuals who test positive for COVID-19.

COVID-19 Symptom Chart	
<ul style="list-style-type: none">• Fever (100.4 or higher)• Cough• Shortness of breath• Difficulty breathing• New Olfactory Disorder: A loss in the ability to smell or a change in the way odors are perceived• New Taste Disorder: A loss in the ability to taste or a distorted perception of flavor	<ul style="list-style-type: none">• Congestion or runny nose• Chills• Sudden chills or shivering with a rise in temperature, often with sweating• Myalgia: muscle aches or pain• Headache• Sore throat• Vomiting or Nausea• Diarrhea• Fatigue

Please call the nurse at any time for questions, concerns, or to update on how your family is doing.