Farrell Area School District COVID-19 Quarantine Guidelines for Close Contact to a Positive Case

Individuals who DO need to quarantine after exposure to COVID-19:

- People who are **NOT** vaccinated.
- People who have completed the primary series of Pfizer or Moderna vaccine OVER 6
 months ago and have NOT received a booster vaccination.
- People who have completed the primary series of the J&J vaccine over 2 months ago and have NOT received a booster vaccination.

Individuals in this category **must quarantine at home for 5 days**, and then wear a mask around others for an additional 5 days. The day of exposure counts as day 0. Use the COVID-19 symptoms tracker below to monitor for signs and symptoms. The person can return back to school on day 6 if they are symptom free, and they must wear a mask for the next 5 days. It is recommended that the person have a COVID test completed on day 5, but not required. If the individual started having symptoms or had a positive test, refer to the guidelines for testing positive.

<u>Individuals who do NOT need to quarantine after exposure to COVID-19:</u>

- People who received a booster vaccination and **more** than 2 weeks have passed.
- People who have completed the primary series of Pfizer or Moderna vaccine within the last 6 months.
- People who have completed the primary series of J&J within the last 2 months.

Individuals in this category do **NOT** need to quarantine at home, however they should wear a mask around others for 10 days. Monitor for signs and symptoms of COVID-19 and quarantine at home if the individual has any of the symptoms from the chart below. It is recommended that the person have a COVID test completed on day 5, but not required. If the individual started having symptoms or tested positive, refer to the guideline for testing positive.

COVID-19 Symptom Chart

- Fever (100.4 or higher)
- Cough
- Shortness of breath
- Difficulty breathing
- New Olfactory Disorder: A loss in the ability to smell or a change in the way odors are perceived
- New Taste Disorder: A loss in the ability to taste or a distorted perception of flavor

- Congestion or runny nose
- Chills
- Sudden chills or shivering with a rise in temperature, often with sweating
- Myalgia: muscle aches or pain
- Headache
- Sore throat
- Vomiting or Nausea
- Diarrhea
- Fatigue

Please call the nurse at any time for questions, concerns, or to update on how your family is doing.

Effective: January 5, 2022