

Crossroads Breakfast Menu March 2019

	Monday		Wednesday	Thursday	Friday
					1 (wg) Frosted Poptart Animal Crackers Apple Juice Cup Orange Choice of Milk
	4 (wg)Rice Krispy Grainola Bar Kit Animal Crackers Applesauce cup Orange Juice Choice of Milk	5 (wg) Poptart Kit Animal Crackers Applesauce cup Orange Juice Choice of Milk	6 (wg) Cinnamon Toast Crunch Bar Kit Animal Crackers Strawberry Cup Orange Juice Choice of Milk	7 (wg) Cheerios Bar Kit Animal Crackers Apple Juice Cup Orange Choice of Milk	8 (wg) Frosted Poptart Animal Crackers Apple Juice Cup Orange Choice of Milk
	11 (wg)Rice Krispy Grainola Bar Kit Animal Crackers Applesauce cup Orange Juice Choice of Milk	12 (wg) Poptart Animal Crackers Applesauce cup Orange Juice Choice of Milk	13 (wg) Cinnamon Toast Crunch Bar Kit Animal Crackers Strawberry Cup Orange Juice Choice of Milk	14 (wg) Cheerios Bar Kit Animal Crackers Apple Juice Cup Orange Choice of Milk	15 (wg) Frosted Poptart Animal Crackers Apple Juice Cup Orange Choice of Milk
All bread is whole grain	18 (wg)Rice Krispy Grainola Bar Kit Animal Crackers Applesauce cup Orange Juice Choice of Milk	19 (wg) Poptart Animal Crackers Applesauce cup Orange Juice Choice of Milk	20 (wg) Cinnamon Toast Crunch Bar Kit Animal Crackers Strawberry Cup Orange Juice Choice of Milk	21 (wg) Cheerios Bar Kit Animal Crackers Apple Juice Cup Orange Choice of Milk	22 (wg) Frosted Poptart Animal Crackers Apple Juice Cup Orange Choice of Milk
Menu subject to change	25 (wg)Rice Krispy Grainola Bar Kit Animal Crackers Applesauce cup Orange Juice Choice of Milk	26 (wg) Poptart Animal Crackers Applesauce cup Orange Juice Choice of Milk	27 (wg) Cinnamon Toast Crunch Bar Kit Animal Crackers Strawberry Cup Orange Juice Choice of Milk	28 (wg) Cheerios Bar Kit Animal Crackers Apple Juice Cup Orange Choice of Milk	29 (wg) Frosted Poptart Animal Crackers Apple Juice Cup Orange Choice of Milk

The National School Lunch Program states that no student will be discriminated against on the basis of race, color, national origin, sex, age, or disability

Crossroads Lunch Menu March 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
					1 MEATLOAF Whole Grain Dinner Roll Mashed Potatoes Fresh Carrots Assorted Fresh Fruit Choice of Low Fat Milk
	4 MEATBALL HOAGIE on Whole Grain Bun French Fries Carrot Sticks Assorted Cupped and Fresh Fruit Choice of Low Fat Milk	5 NACHOS GRANDE on Whole Grain Tortilla Chips Corn or Black Beans Celery Sticks Assorted Cupped and Fresh Fruit Choice of Low Fat Milk	6 CHEESE PIZZA French Fries Fresh Carrots Assorted Fresh Fruit Choice of Low Fat Milk	7 CHICKEN NUGGETS Whole Grain Dinner Roll Baked Beans Fresh Broccoli Assorted Fresh Fruit Choice of Low Fat Milk	8 ZITI PASTA with MEAT SAUCE Garden Romaine Salad Whole Grain Breadstick(9-12) Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk
<p>Weekly vegetable sub groups may include: dark green, red/orange, legumes, starchy, and other</p> <p>Daily fruit choices may include: apples, oranges, bananas, applesauce, strawberries, peach cups, and apple slices</p>	11 SLOPPY JOES on Whole Grain Bun French Fries Fresh Cauliflower Assorted Fresh Fruit Choice of Low Fat Milk	12 HOT HAM & CHEESE SANDWICH on Whole Grain Bun Steamed Broccoli Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	13 CHICKEN SANDWICH on Whole Grain Bun Baked Beans Fresh Broccoli Assorted Fresh Fruit Choice of Low Fat Milk	14 MEXICAN PIZZA French Fries Fresh Carrots Assorted Fresh Fruit Choice of Low Fat Milk	15 ZITI PASTA with MEAT SAUCE Garden Romaine Salad Whole Grain Dinner Roll (9-12) Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk
<p>All bread is whole grain</p>	18 TOASTED CHEESE SANDWICH Tomato Soup Carrot Sticks Assorted Fresh Fruit Choice of Low Fat Milk	19 CHEESE QUESADILLAS Black Beans / Corn Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	20 TURKEY and CHEESE SUB on Whole Grain Bun French Fries Baby Tomatoes Assorted Fresh Fruit Choice of Low Fat Milk	21 SPAGHETTI with MEATBALLS Garden Romaine Salad Whole Grain Dinner Roll (9-12) Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	23 CHEESE PIZZA French Fries Fresh Cukes Assorted Fresh Fruit Choice of Low Fat Milk
<p>Cheez-its Grades 7-12 on 3/4 3/6 3/11-3/14 3/18 3/25-3/28</p> <p>Menu subject to change</p>	25 CHEESEBURGERS on Whole Grain Bun French Fries Fresh Cauliflower Assorted Fresh Fruit Choice of Low Fat Milk	26 WALKING TACOS with Whole Grain Tortilla Chips Black Beans / Corn Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk	27 CHICKEN SANDWICH on Whole Grain Bun Baked Beans Fresh Broccoli Assorted Fresh Fruit Choice of Low Fat Milk	28 MEATLOAF Whole Grain Dinner Roll Mashed Potatoes Fresh Carrots Assorted Fresh Fruit Choice of Low Fat Milk	29 SEASHELLS with MEATSAUCE Garden Romaine Salad Whole Grain Dinner Roll (9-12) Baby Toatoes Assorted Fresh Fruit Choice of Low Fat Milk

The National School Lunch Program states that no student will be discriminated against on the basis of race, color, national origin, sex, age, or disability